Chief Officer Update

1. Developing Nottingham City's Commissioning Strategy 2016/2020

The CCG is asking Nottingham City residents to help shape its Commissioning Strategy for 2016/2020 which sets out how the CCG will address the City's health challenges through commissioning the right health services to meet the health needs of people living in the City. The CCG has developed draft priorities that focus on the things that have the most impact on improving health in Nottingham and they are calling on patients, carers and the public to tell them what they think - and whether these are the right priority areas.

The CCG is aiming is to:

- increase the number of years that local people live in good health, meaning that people are healthier for longer
- improve the health of those who have the worst health in the city
- support and encourage local people to improve their own health

To achieve these aims the CCG has been talking to people across the City so that the plans best reflect what people really need to improve their health. Engagement through surveys and events runs until 12 August 2016.

A short online survey can be completed at www.nottinghamcity.nhs.uk or people can visit stalls at the following forthcoming public events:

- 28 July 2016 Southglade Park Live 2016 Event, Bulwell
- 30 July 2016 Sneinton Festival, Sneinton
- 9 August 2016 Picnic in the Park, Clifton

Community groups are also being encouraged to discuss and respond as a group with materials and information provided to help run feedback sessions.

2. Annual Assurance Process – currently embargoed.

Dawn to update at meeting.

3. Launch of the National Diabetes Prevention Programme across Nottinghamshire

Those considered to be at greatest risk of developing Type 2 diabetes across Nottinghamshire are set to benefit from increased help to avoid the disease.

NHS Nottingham City Clinical Commissioning Group Health and Wellbeing Board – 28 July 2016

Type 2 diabetes is one of the UK's biggest health challenges – there are currently 2.9 million adults with the disease in England, and around 200,000 new diagnoses are made every year.

A new partnership between a leading diabetes research centre and Ingeus UK has been formed to deliver the recently announced Healthier You: NHS National Diabetes Prevention Programme across the East Midlands, on behalf of the East Midlands Clinical Network. The Leicester Diabetes Centre is an internationally recognised centre of excellence in diabetes research, education and innovation and Ingeus is a leading provider of health, employment, training and skills services.

The partnership is working jointly with 11 Clinical Commissioning Groups and Local Authorities in Leicester, Leicestershire and Rutland, Nottinghamshire and Northamptonshire to provide comprehensive support and prevention services to more than 2,100 people in 2016/17 and 3,200 people in 2017/18 as a first wave site of the Healthier You: NHS National Diabetes Prevention Programme. Nationally, the landmark prevention programme will, over the next five years, help 190,000 people across England who are at high risk of developing Type 2 diabetes. Referrals into the service will start on 22 July.

Those at risk will participate in a programme aimed at supporting and encouraging healthier lifestyles, with a focus on diet and physical activity. Evidence shows that the programme is effective in achieving sustained behaviour change and reducing the incidence of the disease.

Dr Manik Arora GP and Executive Lead for Long Term Conditions at Nottingham City CCG said: "Diabetes is an increasing problem, the National Diabetes Prevention Programme offers us the opportunity to support patients with lifestyle changes in preventing the onset. As GPs we have not had any programme like this before and would be glad to offer this lifestyle programme for patients with pre-diabetes."

For more information on the Healthier You: National Diabetes Prevention Programme see the <u>press release</u> from NHS England.

4. GP Patient Survey 2016

The results of the GP Patient Survey 2016 were published on 7 July 2016. More than 800,000 people across the country were asked about their experience of healthcare services provided by GP surgeries, including access to GP surgeries, making appointments, the quality of care received from GPs and practice nurses, satisfaction with opening hours and out-of-hours NHS services. The survey found almost four in five patients would recommend their GP surgery to someone who has just moved to the local area and more than 73 per cent of patients rated their overall experience of making an appointment as good.

However, it also suggests areas for improvement, with less patients reporting that they can usually see their preferred GP and a reduction in the number of patients with one or more long-standing health conditions saying they had enough support from local services or organisations.

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The annual survey has undergone redevelopment with new questions to more accurately capture patient experiences, meaning some data cannot be compared with previous years. Areas where the figures are comparable have seen some improvements, with more patients reporting feeling satisfied with the hours that their GP surgery is open (75.9 per cent), and the number of patients who felt their surgery was open at times that are convenient for them also increasing (74.6 per cent). Survey response data at CCG level can be found at www.gp-patient.co.uk.

5. Proposed Merger – Nottingham University Hospitals NHS Trust and Sherwood Forest Hospitals NHS Foundation Trust

Plans for the proposed merger of Nottingham University Hospitals NHS Trust and Sherwood Forest Hospitals NHS Foundation Trust are progressing at pace. This includes discussions to determine the most suitable operational structure to most effectively manage the future six-site organisation. It is proposed to create the new organisation later in 2016/17 following the necessary approvals.

Nottingham University Hospitals NHS Trust's on-the-ground support at Sherwood Forest Hospitals NHS Foundation Trust has increased since April as work to further accelerate improvements in the areas identified as priorities by the Care Quality Commission has expanded across the Trust.

Over the past month, Sherwood Forest Hospitals has received the welcome news that the Care Quality Commission have lifted one of their improvement notices, reflecting the improvements that have been made in sepsis management and in recognising and rescuing deteriorating patients.

A business case is currently being developed which details how the new organisation will become clinically and financially sustainable in the longer-term. For the latest information about the proposed merger visit the dedicated website: www.futuretogethernotts.nhs.uk.

Dawn Smith
Chief Officer
Nottingham City CCG
July 2016